Robert A. Monroe Interview
1985-08-26 - The Questline Show with Peter Weissbach
(Outline)

NOTE: This outline was automatically generated by the transcript program, Otter.ai.

Introduction to robert Monroe. (0:07)

Introduction to robert monroe and far journeys.
Robert monroe, son of a college professor and medical doctor.

The first out of body experience. (2:08)

Journey out of the body in 1955.
The first out of body experience.
A strange vibration condition in 1958.
The sensation of vibration without physical or mechanical manifestation.
Lying in bed with his wife.
Bumping against the ceiling and feeling the vibration.

The out of body experience. (8:49)

No immediate physiological response, but a minute after returning to the body.
Firm validation of reality.
Out of body experience, oeb, out of body experiences.
Intro to oeb.

Halloween party at Jim's place. (13:31)

Gold seal tuna in the can.
Three different states of consciousness, local, near and far-reach.
Near-reaches.

Contact with spirit entities. (19:40)

Bob asks if he can understand the Japanese language.
Contact with spirit entities in far reaches.
The easiest way to bring an extraterrestriarch to oneself.
The importance of understanding the meaning of spirit.

The king of carpet king. (25:44)

Carpet king, bob monroe, king of carpet king.
Vancouver home shares call.
How has this experience changed Bob's life? (28:00)
How the experience has changed his life.
The meaning of life.
A bad experience at the bank.
A question from joanne about her grandfather.

How to get back into your body? (32:37)

Joanne shares her experience of feeling the vibration.
The misconception of not being able to return.
Out of body experience in the 1920s.
Mind-body connection in the modern world.

Do you ever have the feeling of not wanting to come back again? (37:26)

Lisa asks johnny if he has difficulty coming back.
Johnny shares a question about getting fit.
No techniques in the new book.
The airwaves are crowded in both ways.

Grey Cup Week. (42:44)

Grey cup week, grey cup week.
Investing in green stuff, green stuff.
Robert Monroe institute of applied sciences.
Winners from previous shows, shirting, dancing in the light.